

Explosive Passion is the name of this *Inspired Flow Art* piece. The colors in it are:

- · Black representing steadfast
- Silver representing refined
- Fuchsia representing passion
- White representing made new

Trust that you will not lose control when situations heat up in life. Yes, it may seem like your patience and temper are being tested; however, that doesn't mean you need to respond like you may have in the past. You have changed. Anger, fear, and impatience don't rule you. You don't have to respond from negative emotions nor dwell in them. You don't have to be afraid of yourself or any situation. Even if you start to feel overwhelmed, just pause, take a breath, and take a deeper look at the new tools in your arsenal. Remember who you are amidst the fire. You are strong. You are equipped. You can choose differently than you might have in the past. So let the good qualities that have been developed rise to the surface, and watch as love bubbles forth.

This is a path of healing. You have rejected the old path and old emotions and behaviors. You have chosen to walk a path full of joy, truth, and peace. Nurture your mind, heart, and body. Fill them with good things as you walk this path and allow healing and restoration to have their way. Look forward to a life full of new things, full of transformation, vitality, and life. Rejoice and don't look back. Stay on your path. Don't be distracted. Be filled with gratitude. Allow an explosive passion for joy, life, and love to come forth.

We hope the art and the colorful encouragement speak to you. Enjoy life and stay in the flow!

and the whole Inspired Flow Art team