



Beauty in the Valley is the name of this *Inspired Flow Art* piece. The colors in it are:

- Light turquoise representing sweet water of life
- Blue representing richness/fullness
- Emerald green representing flourishing
- Teal green representing fertile

Some of life's richest moments can be overlooked if we are not careful. While we may relish the mountaintops of victory and success, the greatest nuggets of wisdom and knowledge are found in the valleys. Down in the dust, we can often gain a greater perception of who we are.

Make the most out of moments or seasons in the valley. Those times are meant to humble you, but they are not meant to humiliate you. The valley can reset your perspective and self-image in ways that the mountaintop cannot.

Your life has intrinsic value and purpose—something you can never earn or lose.

We hope the art and the colorful encouragement speak to you. Enjoy life and stay in the flow!


and the whole
Inspired Flow Art team