



Noble is the name of this *Inspired Flow Art* piece. The colors in it are:

- Purple representing royalty, nobility
- Green jasper representing unique
- Light turquoise representing reflection
- Gold shimmer representing light
- White representing purity

Resist allowing discouragement and self-pity to arise when you find that you are misunderstood by others. While it is never enjoyable to be treated like the ugly duckling that doesn't fit in, remember that you have value and beauty regardless of what others think or see. If you lose sight of who you are amidst the rejection, you will risk creating unhealthy self-protections that can cause you further harm and isolation.

You may feel like you're wearing your heart on your sleeve, and making it simple for others to understand you. You may feel like you're doing everything in your power to create harmony in your relationships. However, consider that perhaps the core of who you are isn't as obvious to the world as you may think. Also, your intentions may be misunderstood by others for reasons that have nothing to do with you. Try to extend grace to those who may not have a natural sensitivity, intuition, or maturity to see beyond the surface of who you are.

Being deep, many-layered, and full of complexity is part of what makes you beautiful. It may seem unfair that you can perceive and understand others more than they can perceive and understand you. But remember that being the "bigger person" doesn't make you weak or flawed. In fact, your ability to extend grace, patience, and understanding to those who reject you is what makes you noble.

We hope the art and the colorful encouragement speak to you. Enjoy life and stay in the flow!


and the whole
Inspired Flow Art team