



**Beauty in Chaos** is the name of this *Inspired Flow Art* piece. The colors in it are:

- Turquoise representing peace
- Pale red representing persistence
- Black representing steadfast

Refuse to be overwhelmed by the chaos that comes your way. Even in the midst of turmoil you can find beauty and rest, pause to find it. Allow yourself to be firmly rooted – resistant to the shoves and pulls of the people and circumstances around you. Find your quiet center and hold fast.

How you choose to view the chaos is a matter of choice, of perspective. By resting, you can more easily find simple and straightforward solutions. While others may be tempted to panic and fret, you will be able to see that situations are not as hopeless or challenging as they seem. Other situations can resolve with time and patience as you allow things to play out. By choosing peace as your response you are not choosing to be powerless; in fact, you are simply guarding what power you have by refusing to surrender to your circumstances.

We hope the art and the colorful encouragement speak to you. Enjoy life and stay in the flow!

  
and the whole  
**Inspired Flow Art** team